

CYPRUS SOCIETY FOR SURGERY OF THE HAND (CySSH)

THE INAUGURAL CONGRESS

Minthis Resort, Pafos, Cyprus



SATURDAY • 26 September 2026

DAY 1 | OPENING & SCIENTIFIC PROGRAMME

10:00–17:00	Registration & Exhibition	
12:00–13:00	PRE-CONGRESS WORKSHOP Scheker DRUJ Arthroplasty: Surgical Technique & Clinical Pearls	Dr Constantinos Kritiotis
13:00–14:00	BREAK LUNCH WITH DON Don Lalonde shares his wisdom in an interactive and casual session	
14:00–14:05	CEREMONY Welcome Address – President, CySSH	Dr Constantinos Kritiotis
14:05–14:10	CEREMONY Address – President, CAOST	Dr Demetrios Garpozis
14:10–14:15	CEREMONY Address – President, CySPRAS	Dr George Psaras

SESSION I — THE FUTURE OF HAND SURGERY: TECHNOLOGY, AI & 3D INNOVATION

Moderators: Dr Constantinos Kritiotis, Dr Marios Nicolaou, Dr Lambros Athanatos

14:15–14:30	Artificial Intelligence in Hand Surgery: Current Applications and Future Directions	Dr Petros Kitsis
14:30–14:45	3D Printing in Hand Surgery: Current Applications and Future Innovations	Dr Theodora Papavasiliou
14:45–15:00	Expert Panel Discussion	Faculty
15:00–15:30	BREAK Coffee Break & Exhibition	

SESSION II — COMPLEX SOFT TISSUE & TENDON SURGERY

Moderators: Dr Andreas Skarparis, Dr Marios Nicolaou, Dr Nicolas Hadjinicolaou

15:30–16:15	MASTERCLASS Flexor Tendon Reconstruction: Principles, Techniques & Salvage Strategies	Professor Don Lalonde
16:15–17:00	MASTERCLASS Extensor Tendon Reconstruction & Tenolysis: Optimising Functional Outcomes	Professor Don Lalonde
17:00–17:15	Recurrent Dupuytren's Disease: Principles of Treatment	Dr Andreas Skarparis
17:15–17:30	Soft-Tissue Reconstruction of the Hand and Upper Limb	Professor Marios Nicolaou
17:30–17:45	Hand Infections: Current Principles and Contemporary Management	Dr Lambros Athanatos
17:45–18:15	Case-Based Discussion & Panel	Faculty
18:15	END OF DAY 1	

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DAY 2 | WRIST, RECONSTRUCTION & WALANT

SESSION III — COMPLEX FOREARM & WRIST RECONSTRUCTION

Moderators: Dr Theoni Damaskinou, Dr Lambros Athanatos, Dr Akis Loizides

08:30–08:45	Post-Traumatic Wrist Instability: A Review of Our Experience at Nicosia General Hospital	Egor Kostin
08:45–09:00	The Dorsal Approach to Intra-Articular Distal Radius Fractures	Dr Theoni Damaskinou
09:00–09:15	Complex Upper-Extremity Wounds: Principles of Management	Professor Don Lalonde
09:15–09:45	Failed Scaphoid Repairs	Professor Konstantinos Ditsios
09:45–10:00	Vascularised Fibular Flap for Forearm Reconstruction	Professor Mehmet Alp
10:00–10:15	Madelung Deformity: Current Concepts and Treatment Strategies	Dr Christiana Savvidou
10:15–10:30	Case-Based Discussion	Faculty
10:30–10:45	BREAK Coffee Break & Exhibition	

SESSION IV — WALANT & OPTIMISING OUTCOMES IN HAND SURGERY

Moderators: Dr Theoni Damaskinou, Professor Marios Nicolaou, Dr Eleana Philippou

10:45–11:00	Finger Joint Reconstruction: Motion Versus Stability – A Joint-by-Joint Review	Dr Andriani Ioannou
11:00–11:45	KEYNOTE MASTERCLASS WALANT: Transforming Hand, Plastic & Orthopaedic Surgery	Professor Don Lalonde
11:45–12:30	KEYNOTE MASTERCLASS Optimising Outcomes in Hand Surgery: Practical Strategies & Surgical Pearls	Professor Don Lalonde
12:30–12:45	Interactive Discussion	Faculty
12:45–13:00	CLOSING CEREMONY The Future of Hand Surgery in Cyprus	Dr Constantinos Kritiotis
13:00–14:00	BREAK LUNCH WITH DON Don Lalonde shares his wisdom in an interactive and casual session	
14:00–15:00	POST-CONGRESS WORKSHOP TOUCH Arthroplasty of the First Carpometacarpal Joint	Dr Eleana Philippou
15:15–16:00	CySSH ANNUAL GENERAL MEETING	CySSH Members